

**EAST MUNSTER GIRLS RECORDS**

		Best Performances					Best Performances		
SENIOR GIRLS					INTER GIRLS				
<b>100m</b>	Aoife Hearne	Ursuline	11.70	#	<b>100m</b>	Niamh Mc Nicol	Stella Maris	11.71	2013
<b>200m</b>	Kelly Proper	St.Pauls	24.16	#	<b>200m</b>	Niamh Mc Nicol	Stella Maris	23.41	2013
<b>400m</b>	Orla Power	Sc Mhuire Carrick	57.84	#	<b>300m</b>	Megan Kiely	Ursuline Waterford	40.10	2010
<b>800m</b>	Roisin Quinn	Ursuline	2.14	#	<b>800m</b>	Mary O' Connor	Ursuline Waterford	2.16	2006
<b>1500m</b>	Roisin Quinn	Ursuline	4.44.1	#	<b>1500m</b>	Ciara Cronin	Abbey C.C.	4.43	2006
<b>3000m</b>	Muireann Duffy	Loreto Clonmel	10.09.99	#	<b>3000m</b>	Tina Moloney	Mercy Waterford	10.26.6	1982
<b>100h</b>	Patricia Naughton	Mercy Nenagh	12.10	#	<b>80h</b>	Miriam Daly	Scoil Mhuire Carrick	11.36	2016
<b>400h</b>	Kelly Ann Doyle	Sc Mhuire Carrick	62.69	#	<b>300h</b>	Miriam Daly	Scoil Mhuire Carrick	44.17	2017
<b>S/Chase</b>	Aoife Allen	Mercy SS Waterford	5.39.83	#	<b>Long Jump</b>	Nicola Power	Abbey C.C.	5.56	2007
<b>Walk</b>	Kate Veale	St. Augustines	12.55	#	<b>H.J.</b>	Brid Hallissey	SHM F/Bank	1.65	1985
<b>Long Jump</b>	Kelly Proper	St.Pauls	6.35	#	<b>High Jump</b>	Neasa Murphy	Stella Maris	1.65	2013
<b>High Jump</b>	Orna Donoghue	Sc Mhuire Carrick	1.75	#	<b>Triple Jump</b>	Aoife Bartley	Sc.Mhuire Carrick	10.75	2008
<b>Triple Jump</b>	Grace Fitzgerald	St. Anne's SS Tipp Town	11.10	#	<b>Pole Vault</b>	Anna Ryan	Ursuline Thurles	3.10	2019
<b>Pole Vault</b>	Jodie McGrath	St. Mary:s SS Nenagh	2.85	#	<b>S/Chase</b>	Oriath Moynihan	Loreto Clonmel	5.48	2012
<b>Shot</b>	Patricia Walsh	SHM Ferrybank	12.60	#	<b>Shot</b>	Patricia Walsh	SHM F/Bank	11.71	1976
<b>Discus</b>	PatriciaWalsh	SHM Ferrybank	44.88	#	<b>Discus</b>	Ailish O' Brien	Pres Dungarvan	38.48	1986
<b>Javelin</b>	Orlaith O'Brien	Yeats College	40.93	#	<b>Javelin</b>	Orlaith O' Brien	Ursuline Waterford	46.81	2015
<b>Hammer</b>	Cara Kennedy	C.F.E.	53.60	#	<b>Hammer</b>	Tirna Ni Chathail	Pobalscoil na Trionoide	54.03	2018
<b>Relay</b>	4 x 100m	Newtown	51.20	#	<b>Relay</b>	Scoil Mhuire	Carrick-On-Suir	50.99	2016
<b>Relay</b>	4 x 100m	Sc Mhuire Carrick	51.20	#	<b>U16 Mile</b>	Una O'Brien	Waterpark College	5.18.10	2018
<b>Relay</b>	4 x 300m	Pobalscoil na Trionoide	3.14.7	#	<b>Walk High Jump</b>	Kate Veale	St. Augustines	9.13.23	2009
<b>JUNIOR GIRLS</b>					<b>High Jump</b>	Orna Donoghue	Sc.Mhuire Carrick	1.65	1997
<b>100m</b>	Niamh Whelan	Pres Waterford	12.10	#	<b>MINOR GIRLS</b>				
<b>100m</b>	Noelle Morrissey	Mercy Nenagh	12.10	#	<b>100M</b>	Edel Morrissey	St.Declans	12.60	
<b>200m</b>	Ciara Giles Doran	Mercy W/ford	25.86	#	<b>800M</b>	Eileen Rafter	Ursuline Thurles	2.25	2010
<b>800m</b>	Maria Hennessey	Ursuline	2.20.4	#	<b>Relay</b>	Ursuline	Waterford	52.24	2006
<b>1500m</b>	Ciara Cronin	Abbey C.C.	4.55	#	<b>Long Jump</b>	Ciara Giles Doran	Mercy Waterford	5.14	2008
<b>Walk</b>	Claire Caulfield	Ursuline Waterford	6.02.22	#	<b>Shot</b>	Ailish O' Brien	Pres Dungarvan	11.30	
<b>75h</b>	Kaleyn Sheehan	Ursuline	11.38	#	<b>75mH</b>	Gwen Flatley	Scoil Mhuire COS	12.30	2016
<b>Long Jump</b>	Ciara Giles Doran	Mercy W/ford	5.17	#	<b>200m</b>	Neassa Towey	Our Lady's Templemore	27.42	2017
<b>High Jump</b>	E.Williams	SHM F/Bank	1.65	#	<b>1500m</b>	Alex Cashman	Pobalscoil na Trionoide	5.24	2018
<b>Triple Jump</b>	Natalie O' Connor	St. Augustines	10.20	#					
<b>Shot</b>	Paula Kearns	Pres Clonmel	11.43	#					
<b>Discus</b>	Ailish O' Brien	Pres Dungarvan	36.62	#					
<b>Javelin</b>	Orlaith O'Brien	Ursuline Waterford	35.82	#					
<b>Hammer</b>	Nikita McGrath	Borrisokane CC	48.51	#					
<b>Pole Vault</b>	Anna Ryan	Ursuline Thurles	2.80	#					
<b>Relay</b>	Mercy	Nenagh	51.80	#					